



"Your phone calls mean so very much to me. I really enjoy each and every person I talk to. Thank you, thank you, thank you!"

–TeleCare Client

TeleCare is a FREE telephone reassurance program that offers a daily connection and supports caregiving services already in place by providing friendly calls to seniors and those with disability.

The TeleCare program aims to reduce isolation, loneliness, and depression and help people remain independent in their homes. TeleCare offers:

- ✓ Emotional support and a friendly check-in
- ✓ Medication reminders
- ✓ Well-being checks
- ✓ Temporary support upon hospital discharge

TeleCare calls are made 365 days a year!



Interested in learning more?

Call: 315-218-1915

Visit: ContactSyracuse.org/Telecare

Email: TeleCare@ContactSyracuse.org